



#### **PALOMAR COLLEGE VENTURE PROGRAM**

**HTI Healing Touch Level 1  
March 31 & April 1, 2012  
Palomar College, Escondido**

**Escondido Education Center  
Room 817  
1935 E. Valley Parkway  
Escondido, CA 92025**

This course is being offered through Palomar College Escondido Educational Center Venture Program. Information can be found at <http://www.palomar.edu/venture/>

**\*\* Tuition includes HTI Level 1 Workbook\*\***

- Regular Tuition \$345
- HTI/AHNA member \$320

#### **Register:**

- **By telephone** 760-891-7626 (M-F: 7:30am-4pm )
- **On-line at:**  
<http://activenet11.active.com/venture/>

Direct links to class at [www.SuzanneWeeks.com](http://www.SuzanneWeeks.com)

OR

Fax registration form to 760-761-3537  
[www.palomar.edu/venture/registration.form.pdf](http://www.palomar.edu/venture/registration.form.pdf)

- **If you able to bring a massage table contact Suzanne.**

#### **Workshop Information**

**Schedule:** Mar 31 & Apr 1, 2012 (Sat & Sun)

**Time:** 8 AM – 6:00 PM Both Days

**Location:** Escondido Education Center  
1935 E. Valley Parkway, Escondido, CA 92025  
**Room 817**

**Coordinator:** SuzanneWeek [sweeks@san.rr.com](mailto:sweeks@san.rr.com)  
858-538-49693

#### **Directions to Workshop Location:**

- **From Oceanside and Vista**, take Hwy. 78 east, which will become Lincoln once you pass Broadway, proceed to Midway Drive. Turn right on Midway and proceed to Valley Parkway.
- **From Fallbrook and Temecula**, take I-15 south to El Norte Pkwy. Go under the bridge and go to Midway Drive. Turn right on Midway and proceed to Valley Parkway.
- **From Poway and San Diego**, take I-15 north to the Hwy. 78 East/Ramona exit. Hwy. 78 will become Lincoln once you are pass Broadway, proceed to Midway Drive. Turn right on Midway and proceed to Valley Parkway.

#### **Parking Information**

- Students may park in lots 1, 2, and 3 with a valid permit.
- Daily permits are available for \$5 from the vending machine (outside the main entrance lobby)



**Healing Touch International**  
*Spreading Healing Light Worldwide*

**HTI**

## *Healing Touch Certificate Program*

*Nurturing Energy Therapy for Health Care Professionals and Persons Committed to Healing. Classes Open to the General Public*

### **Level 1**

**PALOMAR COLLEGE VENTURE PROGRAM**  
**Escondido Education Center**  
**Room 817**  
1935 E. Valley Parkway  
Escondido, CA 92025

**March 31 & April 1, 2012**  
**Saturday and Sunday**

**Healing Touch International, Inc.**  
445 Union Blvd. Suite 105  
Lakewood, CO 80228  
Education @HealingTouchInternational.org  
[www.HealingTouchInternational.org](http://www.HealingTouchInternational.org)

HTI is the non-profit professional membership and educational organization established in 1996, to receive the AHNA Healing Touch Certificate Program and Healing Touch Certification of Practitioners (CHTP) and Instructors (CHTI) from the American Holistic Nurses Association.



## Healing Touch Is...

### A relaxing, nurturing energy therapy

- Uses gentle, heart-centered touch to assist in balancing Physical, Mental, Emotional, Spiritual well-being.
- Enhances the body's natural ability to heal through the human bio-field, energy centers and energy field
- Works in harmony with standard medical care and is complementary to other health care systems. Safe for all ages.

### Is Healing Touch for You?

- ✓ Registered nurses
- ✓ Licensed Health care professionals
- ✓ Body-oriented therapists
- ✓ Psychotherapists
- ✓ Those who desire to study energy therapy with a commitment to help others
- ✓ Open to the interested general public

### This Class

- Acknowledges previous learning
- Further develops concepts and skills in energy based therapy
- Requires a strong commitment to personal growth.

### You will be Learning

- Energy system concepts related to health
- Basics and assessment of the energy system – energy field and energy centers and functions
- Meditation for centering and maintaining energetic flow
- Principles and practice of Healing Touch for personal and professional use
- Multiple specific energy healing techniques
- Principles of self-healing
- Personal development as a healer
- Legal and professional aspects of touch therapies, Ethical Conduct and Standards of practice, and integrity in Healing Touch.

### Class Information

**Requirement for class completion and CE Credit:**  
Participate in entire class, and supervision.  
**Completion of Evaluation**

**AHNA:** 18 contact hours through April 14, 2012

**NCBTMB:** 18 contact hours

**CA Board Registered Nursing:** 18 contact hours

**Schedule: March 31 and April 1, 2012**

**Location: Escondido, CA, 92025**

**Coordinator: Suzanne Weeks, CHTP/I**

Instructor: Suzanne Weeks, CHTP/I is a Certified Healing Touch Practitioner and Instructor who began her training in San Diego at the Scripps Center for Integrative Medicine. She has a Bachelor's degree from U.C.S.D. in Microbiology. She pursues health and fitness in her own life, drawing from extensive training in coaching, health and nutrition. Suzanne's personal experience helped her realize how important the mind-body connection is to complete wellness and her own self-care. Suzanne also teaches Scuba Diving for U.C.S.D. for the past 18 years in La Jolla.

**Disclosure:** Suzanne Weeks is an instructor of the HTI Healing Touch Certificate Program and have the right to use the intellectual property of the HTI Healing Touch Certificate Program Course of Study.

### HTI Healing Touch Certificate Program

- ✓ In-depth solid core curriculum of 5 class levels from beginner to advanced healer including Evolution of the Healer, Holistic and Energetic Foundations, Evidence Based and Best Practice modules.

- ✓ Enhances skills and knowledge through lecture, recommended readings and practice sessions.
- ✓ Strong commitment to personal growth and knowledge of holistic health principles.
- ✓ HTI Healing Touch Certificate Program Certificate of Completion upon satisfactory completion of all 5 levels.
- ✓ Leads to eligibility to apply for Certified Healing Touch Practitioner through Healing Touch International, Inc.
- ✓ Instructor Training and Advancement available after certification. Prerequisites apply.
- ✓ **Endorsed by American Holistic Nurses Association**

### HTI Healing Touch Certification - CHTP

Gold Standard Credential useful in

- Establishing a Healing Touch practice.
- Incorporating Healing Touch as a major focus within an existing professional practice.

### Continuing Education Contact Hours



This continuing nursing education activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

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**Disclaimer Statement:** Approval for contact hours through AHNA is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.



HTI is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider.

- Provider approved by the California Board of Registered Nursing, Provider Number CEP15275. 2010